

BREAKFAST

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FRESH FRUITS With a touch of ginger and coconut	4,5
COCONUT & GINGER OATMEAL Topped with frozen forest fruits, pumpkin seeds, coconut flakes and ginger flakes - Homemade ginger & thyme syrup on the side	6,5
YOGHURT Topped with granola, pecan nuts, strawberries, blueberries and ginger flakes	6,5
CLASSIC CROISSANT	2 75

With homemade

CHEESE CROISSANT

ginger & citrus marmalade

Toasted, with homemade

ginger & mango piccalilly



2,75

+ 0.5

3,75

SWEETS AT THE BAR	3
Banana bread on the grill with	
butter and marmalade	+ 0



BEACH BOWL	9,5
Banana, mango, strawberry, apple, ginger, oats and coconut milk.	
TOPPINGS: Granola, kiwi, strawberries, coconut flakes and chia seeds	
FOREST BOWL	9,5
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Avocado, spinach, banana, green apple, cinnamon, ginger and almond milk TOPPINGS: Granola, raspberries, blueberries, pumpkin seeds and pecan nuts

SANDWICHES

GINGER & LILLY	6,5
Homemade ginger & mango piccalilly, farmer cheese and greens	
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GINGER & VEGGIES	6,5
Homemade ginger hummus, grilled vegetables and pickled ginger	
GINGER & AVO	6,5
Homemade ginger smashed avocado, cherry tomatoes, lemon zest, chili and ginger flakes	
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G&G TOSTI	6
Cheese, pickled ginger, spinach with homemade ginger & mango piccalilly	

COFFEE Espresso 2,6 SHOTS AT THE BAR - £2,50 Espresso macchiato 2,8 Americano 2,6 Cappuccino 3,1 **JUICES** Café latte 3,2 Latte macchiato 3,5 CARROLITO 3,8 Flat white 6 Carrot, ginger Iced coffee **BLOODY GINGER** Extra shot Orange, apple, beetroot, ginger 6.5 Oat milk SPICY DUTCHY **GINGER LATTES** 6,5 Carrot, apple, orange, cayenne, turmeric, ginger Matcha ginger latte THE DETOX Beetroot ginger latte Green apple, cucumber, spinach, celery, lime, ginger Golden ginger latte **RED SKY** TEA Pineapple, strawberry, beetroot, ginger Fresh ginger 3 **SMOOTHIFS** Fresh mint 3 3 Fresh lime **GREEN MACHINE** Fresh ginger, mint, lime 3,75 Mango, spinach, coconut water, 6.5 mint, lime, ginger and a ginger shot + 0,5 Ginger shot optional **PURPLE POWER** Banana, blackberry, coconut water, 6,5 OTHER chia seeds, turmeric, ginger Water PINK PASSION 2,8 6,5 Sparkling water 2.8 Banana, strawberry, kiwi, coconut milk, ginger Organic ginger beer 3,8 3,8 Organic ginger ale **GOLDEN SMOOTHIE**

cinnamon, ginger

Banana, carrot, coconut milk, turmeric,

6,5

4

Organic kombucha

Homemade Lemonade